



# N-Tidal

## Personal Respiratory Monitors

Jeremy Walsh, CEO - Cambridge Respiratory Innovations Limited



# Overview

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- ✧ Why N-Tidal?
- ✧ COPD Breathing Record Study
- ✧ Data Analysis
- ✧ Next Steps
- ✧ Panel Discussion



# Why N-Tidal?

Transforming the Management of Respiratory Diseases

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# N-Tidal – The Basics

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- ✿ The function of the lungs is to take oxygen to and carbon dioxide (CO<sub>2</sub>) from the bloodstream
- ✿ The measurement of CO<sub>2</sub> in breath is a direct indicator of lung function
- ✿ CRiL makes low-cost medical devices that directly measure this respiratory performance
- ✿ Our devices improve Patient Activation Levels
- ✿ Our devices will provide a clear and unambiguous status of respiratory health
- ✿ Tidal Breathing CO<sub>2</sub> Waveform shape analysis



# TBCO<sub>2</sub> Waveform Shape Analysis

- Established but Under-used Respiratory Biomarker
- First identified as a biomarker for asthma in early 1990s
- Demonstrated the effects of reliever medication
- Identified as a differentiator between COPD, CHF and healthy in 2014

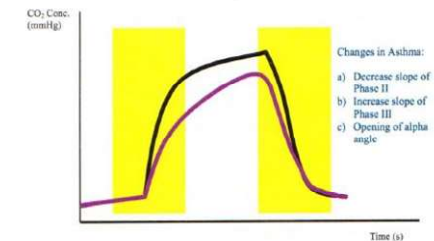


Figure 2. The capnographic waveform: changes in asthma.

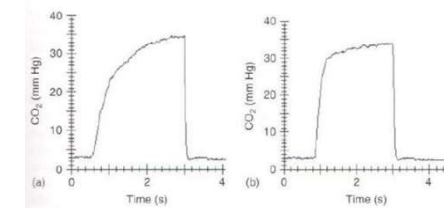


Figure 32.4 Capnogram before (a) and after (b) bronchodilating therapy. Note that in (a) phases II and III are extended, and the alpha angle is wider.

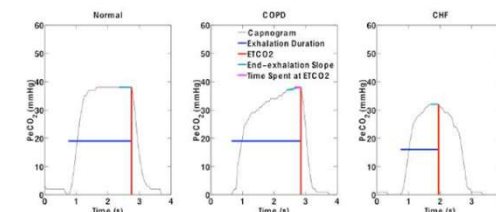
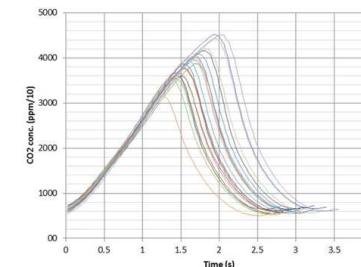
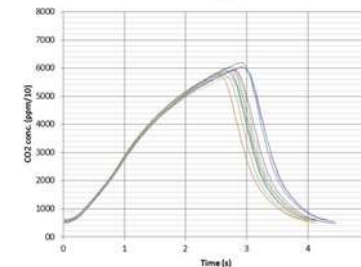
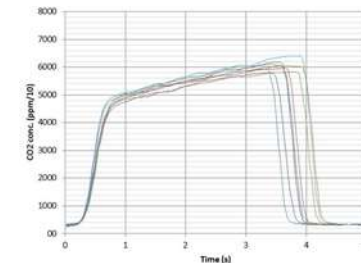


Fig. 3. Four features extracted from the capnogram and used for classification. These comprise exhalation duration, end-tidal CO<sub>2</sub> (ETCO<sub>2</sub>), end-exhalation slope, and time spent at ETCO<sub>2</sub>.

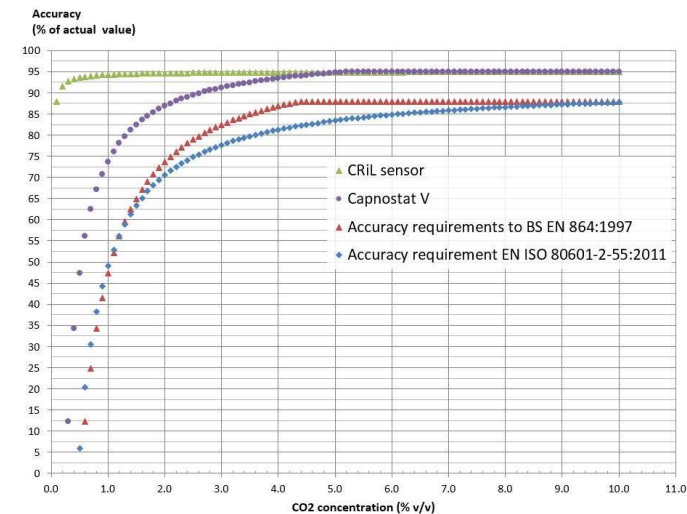
# CRiL's 3 Development Hypotheses

- ❧ People breathe in a consistent manner at any specific time
- ❧ A respiratory condition alters the shape of the TBCO<sub>2</sub> waveform
- ❧ The state of the condition further changes the waveform



# N-Tidal USPs

- ✧ Accurate at all CO<sub>2</sub> levels
- ✧ Consistent, repeatable data
- ✧ Measures close to the mouth
- ✧ Low cost and easy to use
- ✧ Personal respiratory monitors
- ✧ Predictive
- ✧ Reduce healthcare costs





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# COPD Breathing Record Study

## Transforming the Management of Respiratory Diseases

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# COPD Breathing Record Study

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- ✿ 30 COPD patients used the N-Tidal C for six weeks
  - Dr Ravi Mahadeva, Addenbrookes Cambridge
  - Funded by SBRI Healthcare
- ✿ 2,600 75-second TBCO<sub>2</sub> records
- ✿ 74% completed the study without any feedback
- ✿ 84% of the target respiratory records
- ✿ 95% acceptance of the technology

# TBCO<sub>2</sub> Data Analysis Programme

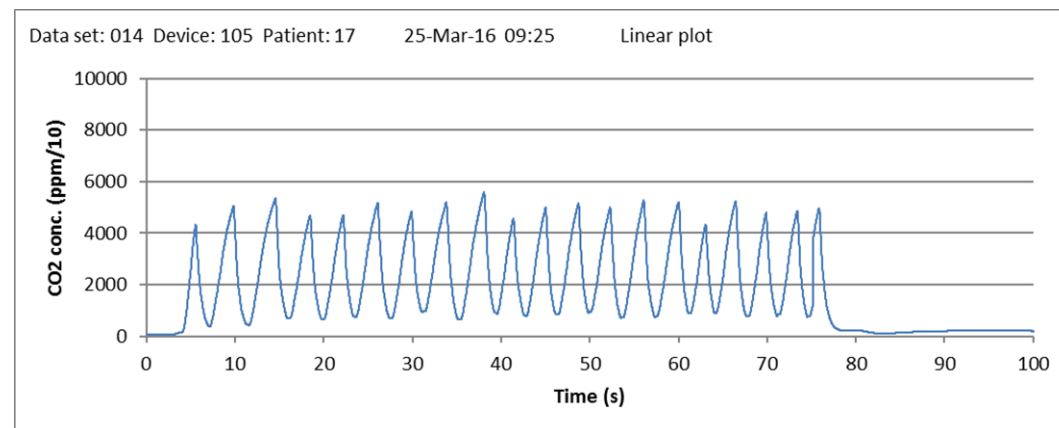
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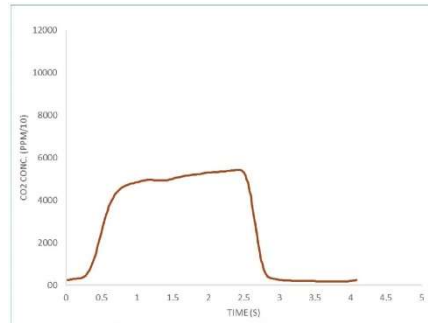
# Phases 1 & 2 of Data Analysis

- 🌀 Phase 1 – Data Validation
  - Professional Control Software
    - Device and data management
- 🌀 Phase 2 – Visual Waveform Analysis
  - Capno Import program
    - Basic graphics
    - Data exclusion

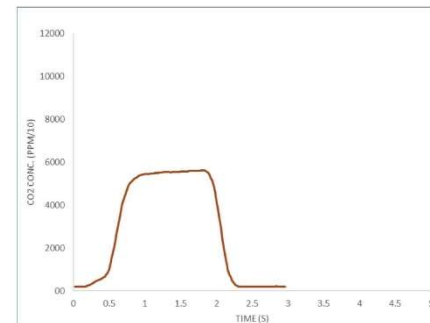


# Phase 2 Waveforms Shapes

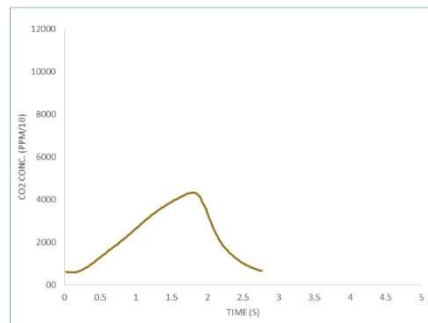
## Phase 2 Visual Waveform Analysis



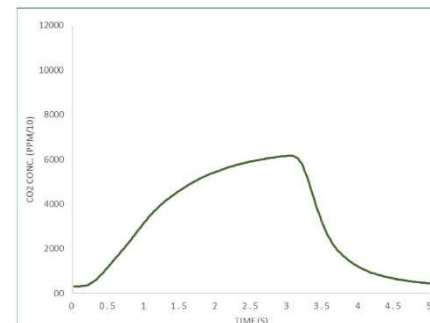
**Male age 61 – healthy**



**Male age 6 – healthy**



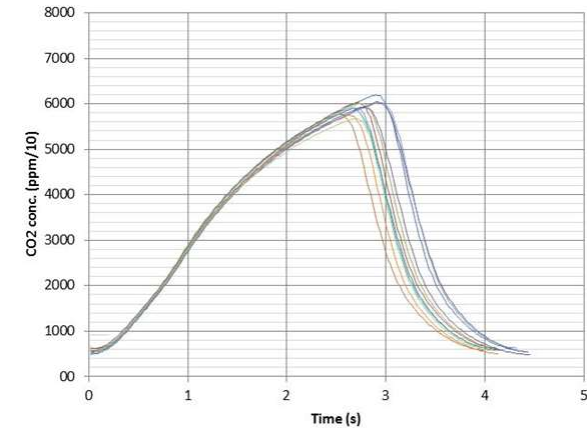
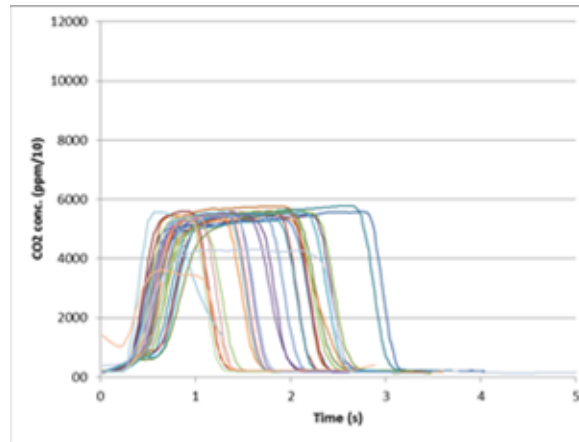
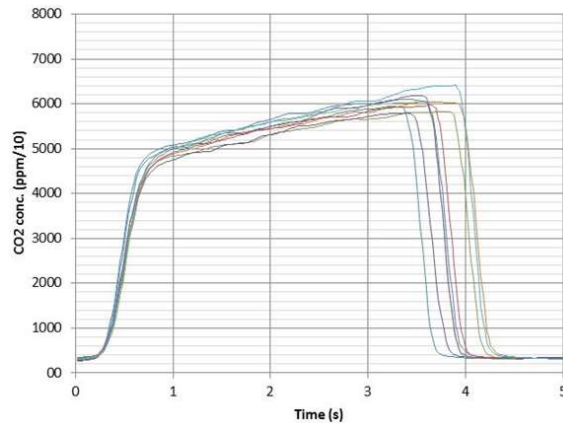
**Female age 60 – COPD steady state**



**Male age 30 – asthma**

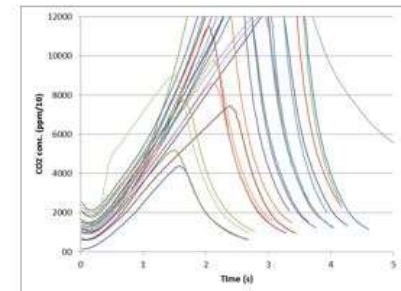
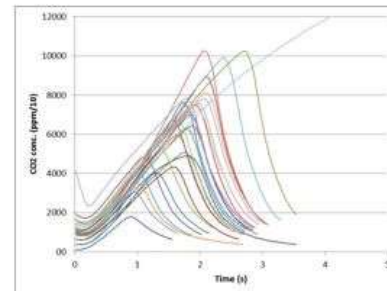
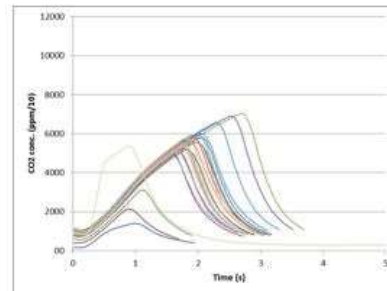
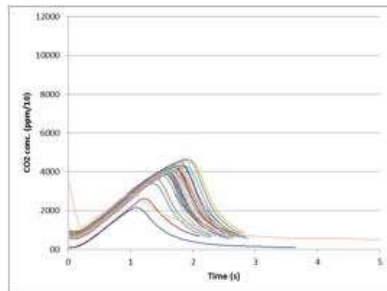
# Phase 3 Waveform Consistency

- ☼ Demonstrated consistent TBCO<sub>2</sub> waveform at any specific time
  - Capno Data Program
    - Auto Breath De-Composition



# Phase 3 Waveform Consistency

- ☙ Demonstrated consistent TBCO<sub>2</sub> shapes with changing respiratory condition
  - Capno Data Program
    - Auto Breath De-Composition



T<sub>0hrs</sub>

Key parameters in the TBCO<sub>2</sub> waveforms start changing more than 48 hours in advance of a COPD exacerbation, as demonstrated in these charts. (Source CRiL CBRS)

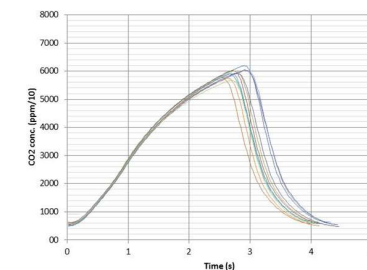
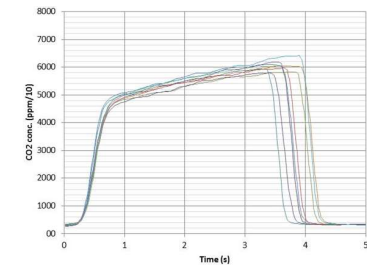
T<sub>48hrs</sub>

# Phase 4 – Waveform Modelling

## Phase 4 – Waveform Modelling

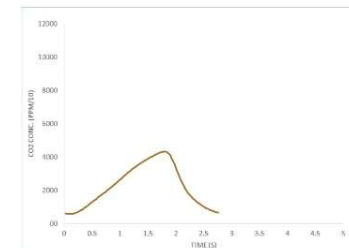
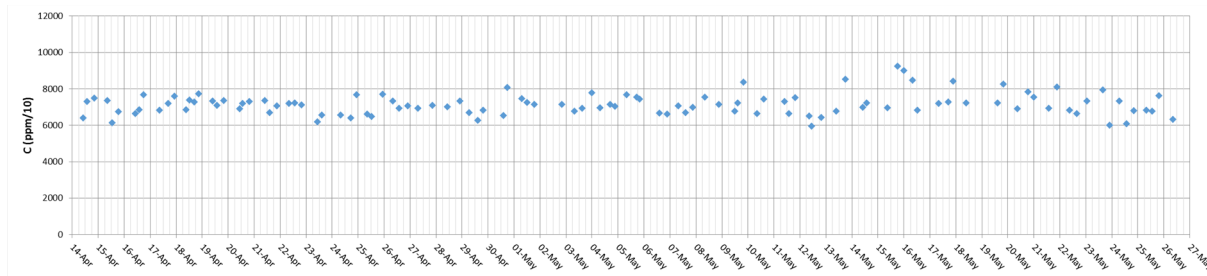
- Developed an algorithm to model the  $\text{TBCO}_2$  waveform
  - Exhalation
  - Inhalation
  - The result is 7 parameters
- Created a **Single  $\text{TBCO}_2$  Waveform** for each breathing record
  - 3,750 data points condensed into 7 parameters

## Enabled Longitudinal Data Analysis and Visualisation



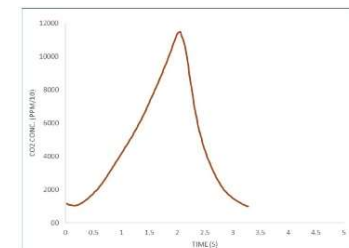
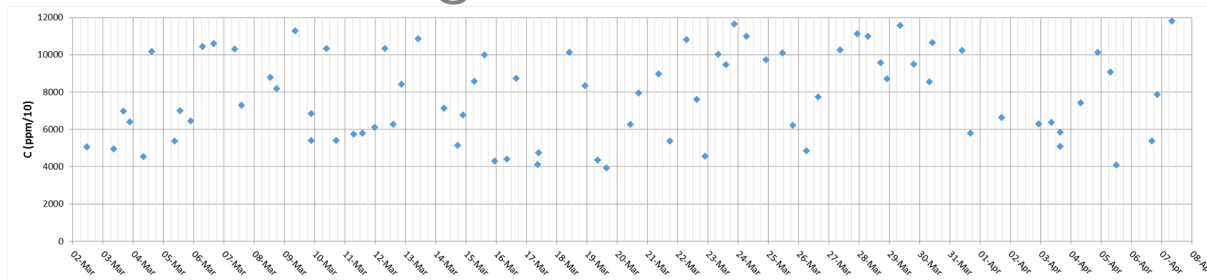
# Longitudinal Data Visualisation

## Stable COPD Patient 021



Female age 60 – COPD steady state

## Exacerbating COPD Patient 008

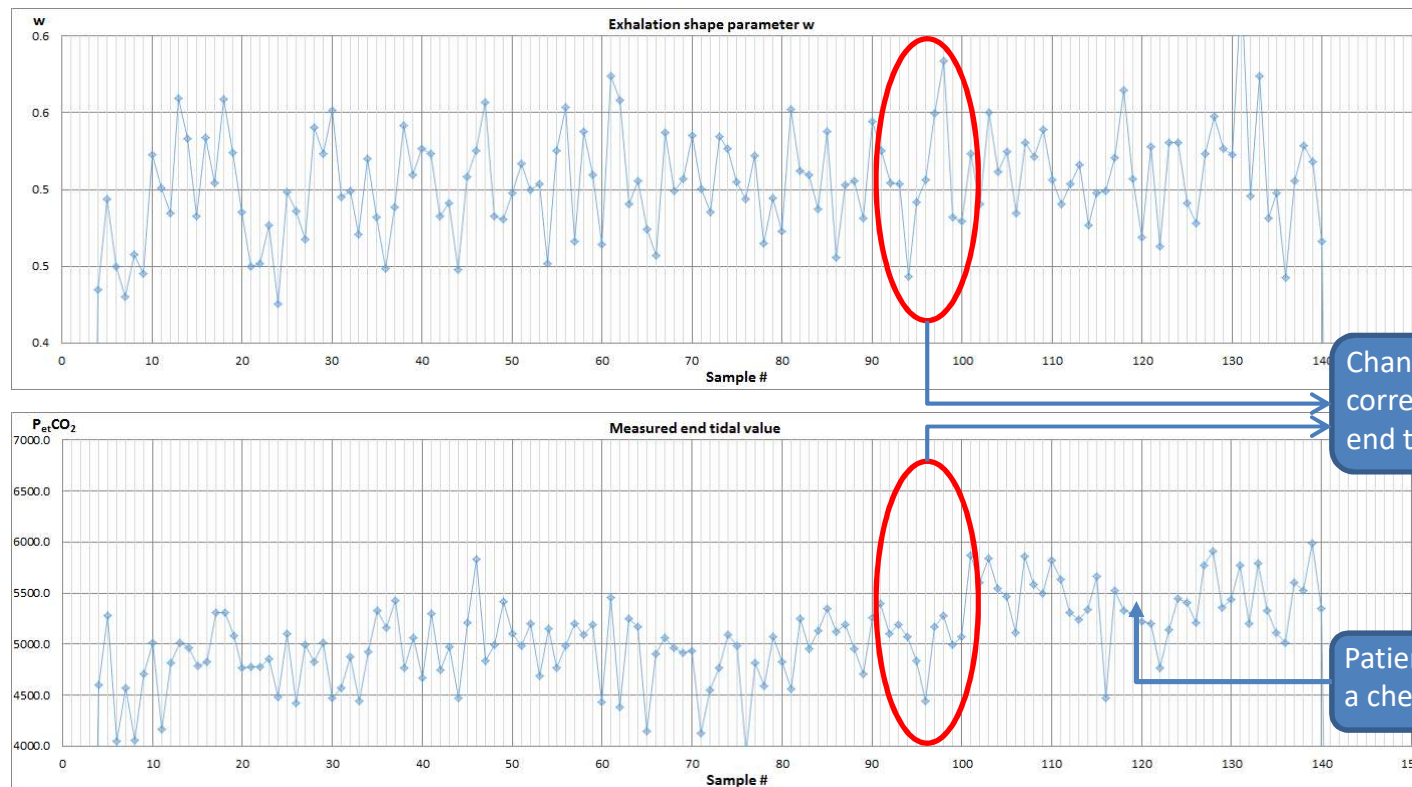


Female age 60 – COPD exacerbation



# Predictors of Chest Infection

Patient 017

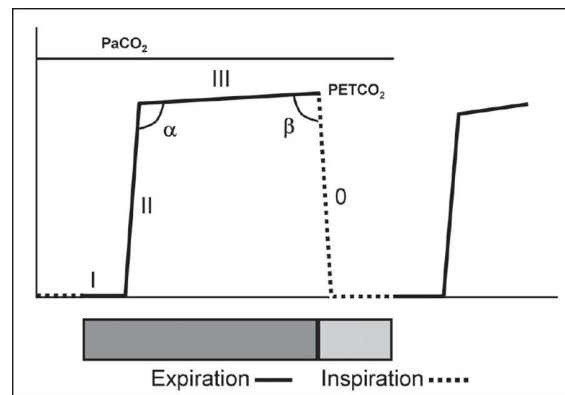


# Phase 5 - Waveform Parameterisation

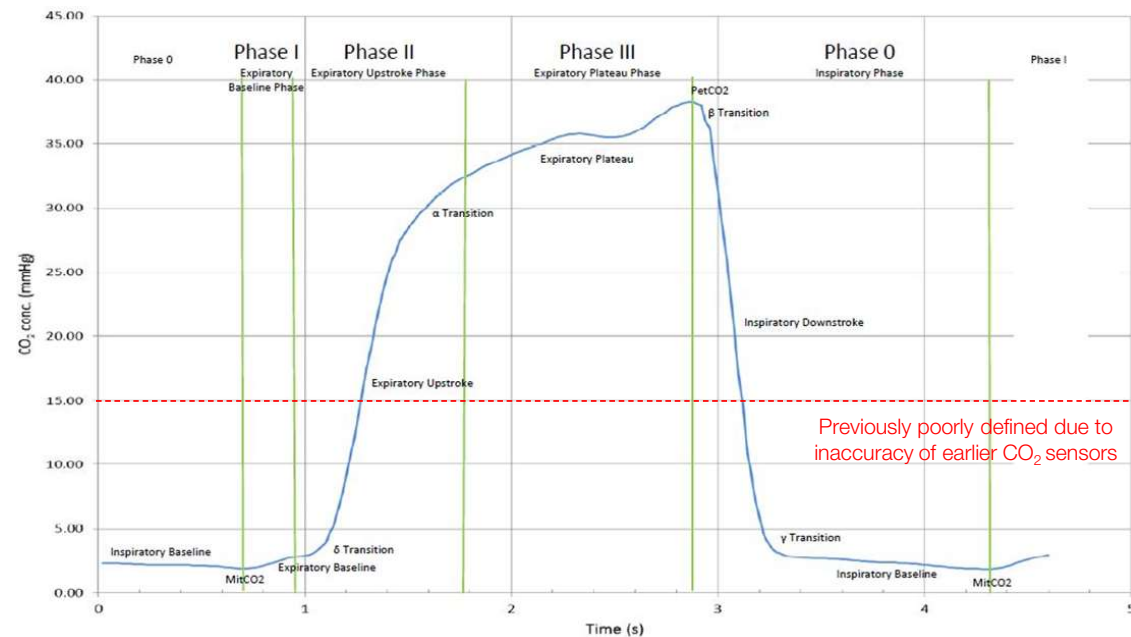
First Detailed TBCO<sub>2</sub> Waveform Parameterisation including low level CO<sub>2</sub>

— Waveform parameters for individual breaths

- ~ 50 Simple
- Compound
- Temporal



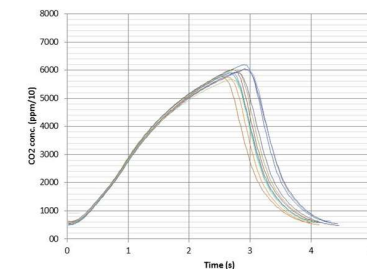
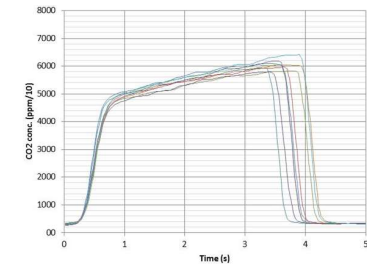
Previous Basic Waveform Descriptors



# Phase 6 – Advanced Analytics

## Machine Learning

- Supported by Cambridge University Machine Learning Group
- We will use Bayesian and Discriminative techniques to **optimise the parameters that predict a deterioration** (exacerbation and chest infection)
- Investigate each parameter (single, compound and temporal), singly and combined
- For each of the 50,000 Individual Breaths



# Next Steps

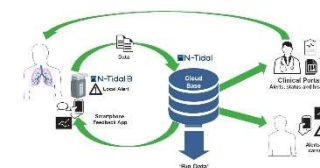
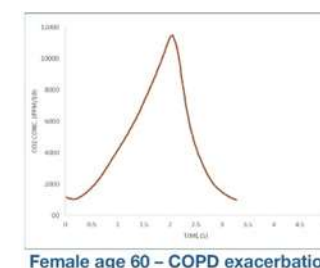
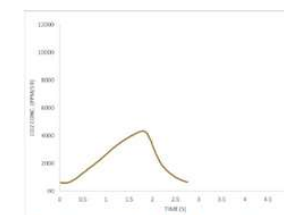
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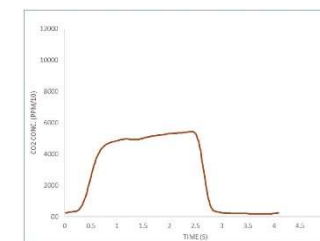
# COPD Exacerbations

- ❧ Characterisation of COPD breathing records during exacerbations
- ❧ Statistically valid study 100% funded by an Pfizer Open Air grant
  - CRiL supplying the N-Tidal Cs and analysis
- ❧ Starts on 1 May 2017 at Addenbrookes under Dr Ravi Mahadeva
- ❧ 50 patients for six months
- ❧ Targeting 28,750 75-second TBCO<sub>2</sub> respiratory records

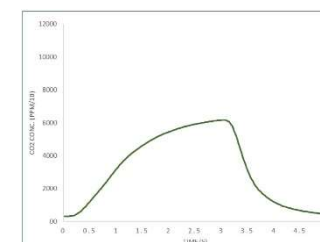


# General Breathing Record Study

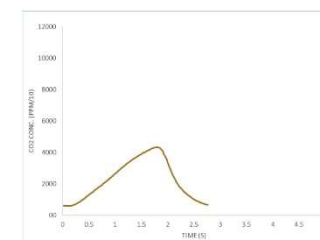
- 70% funded by Innovate UK
- Started on 1 March 2017 at Portsmouth (Queen Alexandra) and Nottingham (QMC)
- Exploring TBCO<sub>2</sub> waveforms from 90 participants:
  - Asthma
  - Congestive Heart Failure
  - Cystic Fibrosis
  - NIV – Motor Neurone Disease
  - Pneumonia/LRTI
  - Dysfunctional Breathing
  - Healthy



Male age 61 – healthy



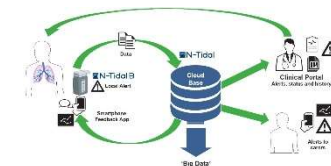
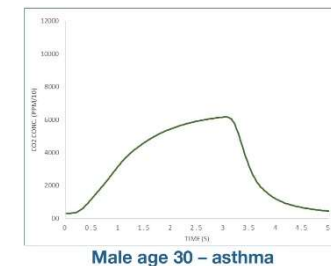
Male age 30 – asthma



Female age 60 – COPD steady state

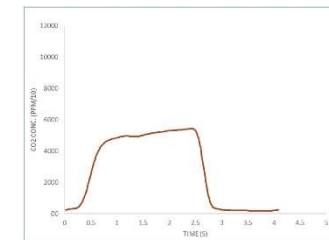
# Low-Cost Self-Care Asthma Monitor

- ❧ Feasibility study 100% funded by an SBRI Healthcare (NHS England) contract
- ❧ Started on 15 March 2017 at Nottingham University / Queens Medical Centre
- ❧ Involves small proof-of-concept study
- ❧ Exploring TBCO<sub>2</sub> waveforms in children and young people with asthma or in bronchospasm
  - 15 patients

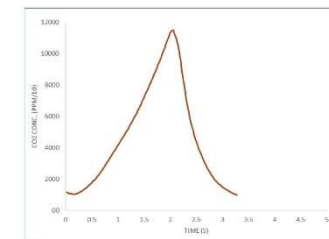


# MRI Lung Imaging of COPD

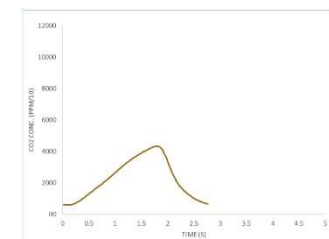
- 🌿 100% funded by James Tudor Foundation
- 🌿 Starts on 1 July 2017 at Nottingham University / Queens Medical Centre
- 🌿 Exploring TBCO<sub>2</sub> waveforms and their relationship to the high resolution MRI images of lungs
- 🌿 20 patients



Male age 61 – healthy



Female age 60 – COPD exacerbation



Female age 60 – COPD steady state

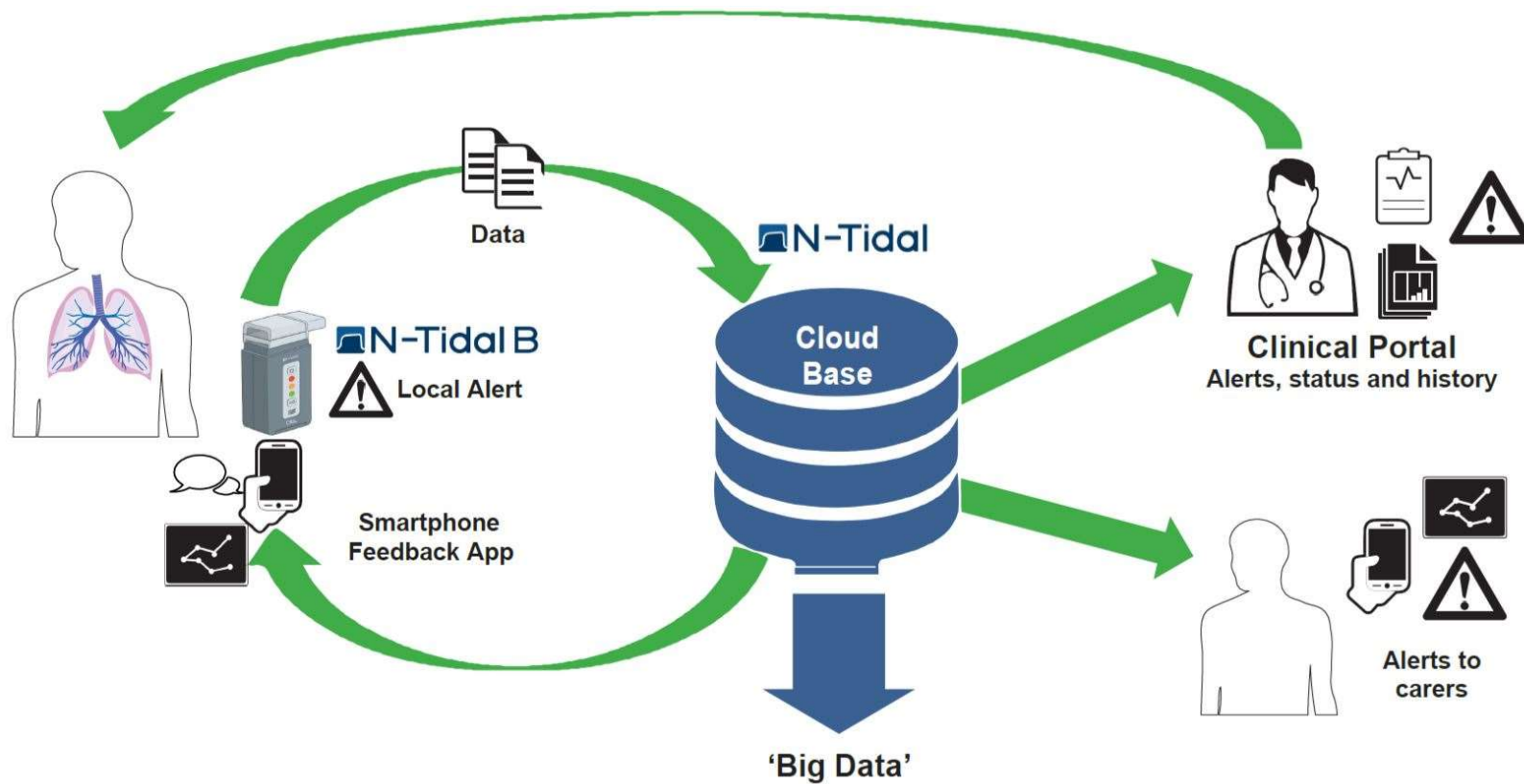


# Funded Clinical Studies



Condition	Investigator	Patients	TBCO <sub>2</sub> records
Asthma Adults	Prof Chauhan, Portsmouth	20	11,500
Asthma CYP	Prof Smyth, Nottingham	15	350
Asthma Challenge	Dr Shaw, Nottingham	15	60
Cystic Fibrosis CYP	Prof Smyth, Nottingham	10	850
Congestive Heart Failure	Dr Paul Kalra, Portsmouth	20	11,500
COPD	Dr Mahadeva, Addenbrookes	50	28,750
COPD MRI Lung Imaging	Prof Hall, Nottingham	20	150
Pneumonia/LRTI	Prof Chauhan, Portsmouth	10	5,750
Dysfunctional Breathing	Prof Chauhan, Portsmouth	10	5,750
Pre-NIV MND	Dr Smith, Papworth	30	17,250
NIV MND	Dr Adeniji, Portsmouth	10	5,750
Healthy	Prof Chauhan, Portsmouth	10	5,750







# The Future of N-Tidal



# Redefining Respiration

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## N-Tidal - Innovation in Respiratory Digital Health

-  Increase patient ownership
-  Improve quality of life
-  Optimise medication
-  Predict exacerbations
-  Avoid hospitalisation
-  Reduce healthcare costs



# Path to 2020 Launch

## Next Steps

- ✎ Develop N-Tidal B
- ✎ 1<sup>st</sup> generation prediction algorithm
- ✎ Develop N3 data communications
- ✎ Complete licensing non-interventional COPD study
- ✎ 2<sup>nd</sup> generation prediction algorithm
- ✎ MHRA Class 2B license

